



MigRefHealth Project

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Norfolk and Suffolk REN meeting
14 May 2026

**MOBILISING
COMMUNITY ASSETS**

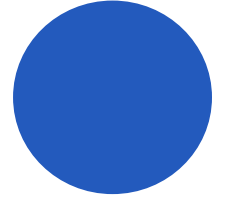


Arts and
Humanities
Research Council



Project Goal

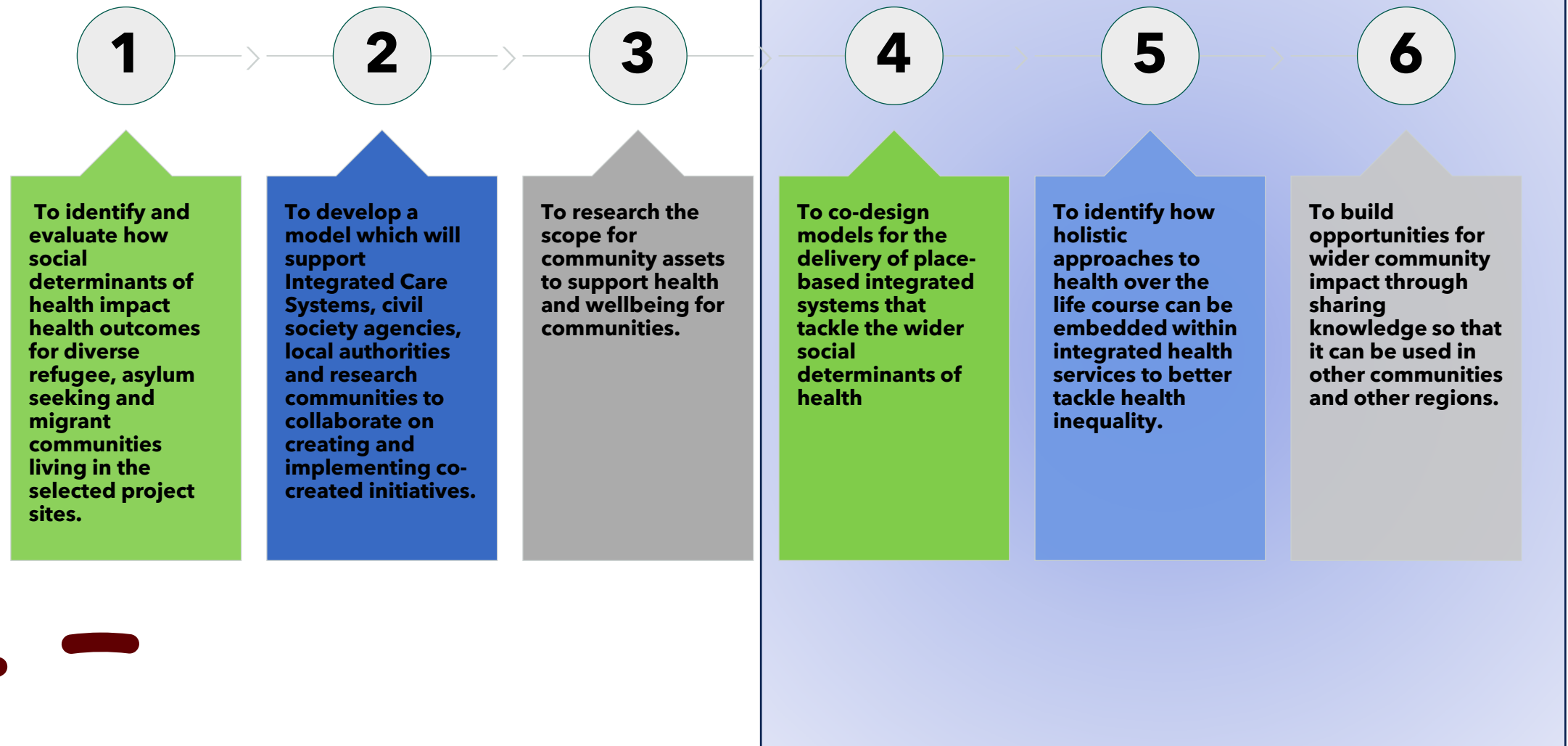
To make sure that **community assets** used by **local communities** are collaboratively identified and better supported to help **improve the health outcomes** for refugee, asylum-seeking and migrant communities.





A “community asset” is a service, activity, a person or space that is an integral part of community life. It can include advice and information services, community hubs, community groups, religious organisations, open spaces, food banks, leisure centres etc.

Project Objectives



Three Regions

Twelve Fieldsites





Eight Fieldsites: East of England



Norfolk

**Norwich
Great Yarmouth**

**Cambridge
Peterborough**

Suffolk

**Ipswich
Lowestoft**

**Colchester
Wethersfield**



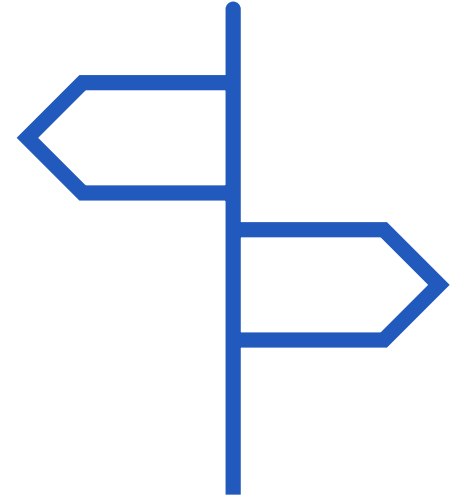
Core Areas of Research



Accommodation



Food/Nutrition



Support Services



Key groups in all locations...

- Syrian
- Afghan
- Ukrainian
- Hong Kongers



... plus 2 other groups:

- Ipswich: Lithuanian & South-East Asian
- Norwich: Polish & Iraqi



Progress so far

- ❖ Walking Interviews:
7 in Ipswich + 8 in Norwich
- ❖ Community Forums:
10 in Ipswich + 8 in Norwich (so far)
- ❖ The Asset Map V1
- ❖ Report on local situation
- ❖ Conversations with stakeholders



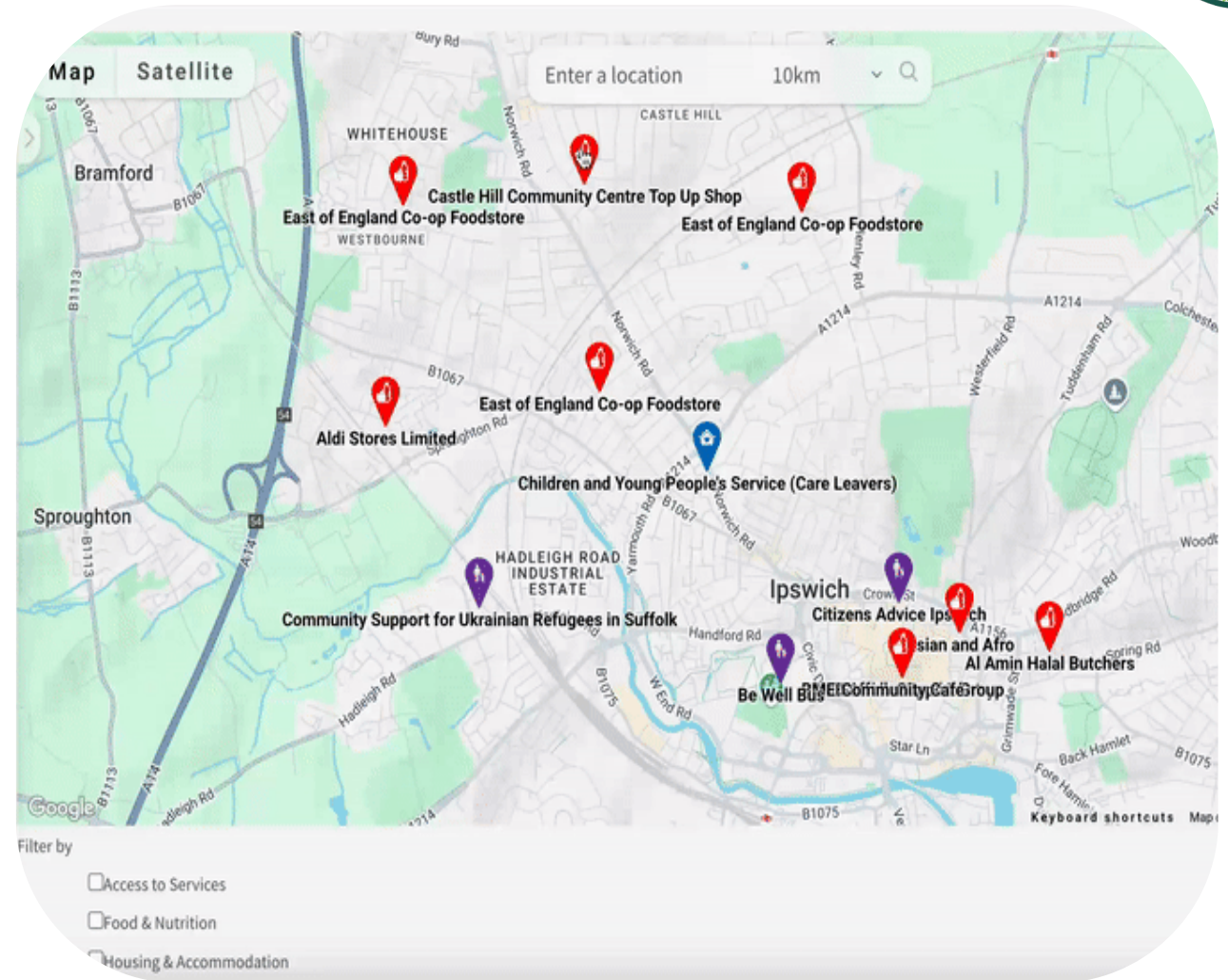


The asset map

V1: 12 individual maps that are tailored to each unique field site

V2: multimedia community stories on key assets in each field site

NB: Not all maps are publicly accessible on www.migrefhealth.co.uk





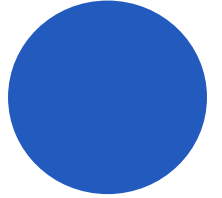
Our asks from Norfolk and Suffolk REN members

[#MigRefHealth](#)

What are we missing?

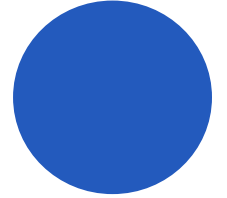
Within the areas of **food / accommodation / services**

- What specifically could the project find out for you that would be useful?
- Why would that be useful?



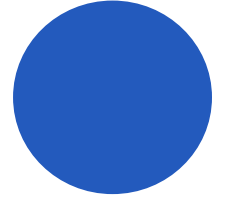
Your challenges and opportunities

- Are there any specific challenges you face?
- Any emerging opportunities that you know of?



What are good practices in Ipswich and Norwich for scaling up?

- What are you doing, or know about, in the area that represents good practice?
- What great things are going on and might work for other areas/locations?



Next Steps

- ❖ **Get in touch, join our mailing list** if you have any questions or recommendations about the project or community assets' maps:
admin.migrantrefugeehealth@aru.ac.uk
- ❖ Attend **stakeholders' data validation workshops**:
Ipswich: July or September, venue TBC
Norwich: TBC
- ❖ Attend the **project exhibitions** -
Ipswich: 17-27 November, The Hold
Norwich: October, venue TBC





Thank you!

www.migrefhealth.co.uk

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